

ARE YOU UK EX-SERVICE PERSONNEL?

PARTICIPANTS NEEDED



Are you **above 18?**

Did you serve in the UK Armed Forces for **at least 2 years?**

Then this could be the study for you!

We want to hear about your experience of leaving the military and transitioning to civilian life. You can help us develop our understanding of transition experiences and potentially inform services how to better support veterans throughout their transition to civilian life.

What's involved?

You will be asked to complete an online survey where you will write responses to four questions, related to how transitioning from the military to civilian life has been for you. Questions will explore the impact transitioning has on relationships, mental health, etc. You will also be asked to answer some short demographic questions about yourself.

Contact us!

To participate or if you have any questions, contact us at:

vetwrite@kcl.ac.uk



This study is being run by King's Centre for Military Health Research (King's College London). The PI's are Alexandria Smith and Rafiyah Khan. Ethical clearance has been granted by King's College Research Ethics Committee (Ref: MRSU-23/24-40002).