

Good wellbeing should be accessible for everyone. One way to get there is through rewarding and sustainable work; a job that's right for you. Finding the right support to stay in work can provide structure, social networks and a sense of achievement, as well as improved mental health, confidence and self-esteem.

“IPS, has been an incredible source of support for me! Before speaking with my advisor, I was seriously considering taking sick leave again. However, after our conversation, I feel like I am in a much better place mentally and emotionally compared to when I initially joined the programme.”

Areas we cover:

- Sandwell and Wolverhampton.
- Birmingham and Solihull.
- Coventry and Warwickshire.



**Funded by
UK Government**

About Shaw Trust

Shaw Trust is the UK's largest not-for-profit social enterprise providing services and support to enable people to access rewarding employment opportunities.

Thrive into Work:

For more information please contact:

T: 0808 178 3354

E: Thrive@shaw-trust.org.uk

W: shawtrust.org.uk/thrive-into-work/



Or scan here to
find out more

shaw trust



Please email: studio@shaw-trust.org.uk to receive this information in a different format.



Shaw Trust Registered Charity No. England and Wales: 287785, Scotland: SC03985



Retention Support

Providing in-work support to stay in your job if you have a physical and/or mental health condition.

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Joining Thrive into Work will give you:

- One-to-one support to suit your needs and employment goals.
- Support and collaboration with your health care team to help you manage any difficulties.
- Help talking to your employer about your needs at work.
- Regular and ongoing in-person, phone or virtual support.
- In-work support to help you sustain work.

Delivery:

Offering individualised placement support, tailored to the participants needs which can be delivered face-to-face, online and telephone.

Eligibility:

- Must be over 18 years old.
- Registered with a local GP Surgery.
- Individuals on a period of sickness absence or are struggling to retain their job due to their health condition.
- If an individual is already in work, they must have been employed for at least six months and be working a minimum of seven hours per week.

Your Employment Specialist will:



How do I access the service?

Please speak with your GP or health professional or email us at:
thrive@shaw-trust.org.uk

Your dedicated Employment Specialist will provide you with a unique blend of practical and emotional support to help you on your journey back in to work.