

To read more about any of these symptoms scan this QR code with your phone camera:



Or visit
www.tommys.org/pregnancy-information/symptom-checker

Your local contact details

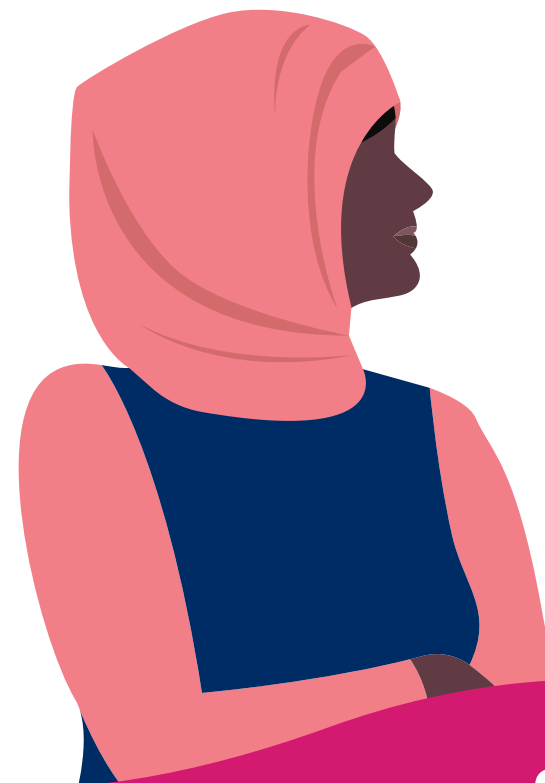


Tommy's

The pregnancy and baby charity

When to call the midwife or GP

Symptoms to look out for if you know you are pregnant or if you may be pregnant.





Spotting or
bleeding



Vomiting all or
most food



Leaking fluid
from the vagina



Painful
urination



Persistent severe
headache



Swelling in face,
hands or legs



Blurred vision,
seeing spots



Itching, especially
on hands and feet



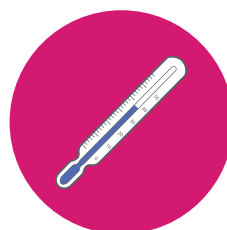
Sharp or continuing
abdominal pain



Cramps in your lower
back or pelvic area



Baby's movements slows
down or changes



High temperature
(above 37.5 degrees)



You feel that
something is wrong



If you have any of the symptoms above you should call your midwife or GP. If you are in early pregnancy (under week 12) you can also contact your Early Pregnancy Unit.



If your symptoms are severe, or if you have noticed any change or reduction in your baby's movements, contact your local labour ward immediately